



TRAIL NEWS

A publication of the

Santa Cruz Mountains Trail Association

...building...maintaining...hiking...riding

the trails of Santa Cruz Mountains parks

Santa Cruz Mountains Trail Association • P.O. Box 1141 • Los Altos, CA 94023 •

Featured Hike Tilden Regional Park

Tilden Regional Park is a 2,079 acre regional park in the East Bay situated between the Berkeley Hills and San Pablo Ridge. It's named in honor of Charles Lee Tilden, a Bay Area attorney and businessman who purchased much of the land in order to preserve remaining wilderness areas for public enjoyment.

The Huchuin Ohlone Indians once lived along the banks of lower Wildcat Creek until Spanish explorers and Mexican ranching eventually displaced the Native American communities. For years the land was used for ranching and dairying. In the 1890's it was developed by the Water companies and finally in 1934 Alameda County voters created the country's first regional park district to

protect the open space as parkland and it has been opened to the public since 1936. From 1935 – 1941 a Civilian Conservation Corps camp named Camp Wildcat Canyon was established. Workers build roads etc...some of their skilled stonework still remains and finally during the war the army set up barracks in that camp. Currently environmental education programs are available in these buildings. Needless to say this area has been well used over the years by the community.

Join Carolyn as she leads us on a leisurely 9 mile stroll through this park and not only will we enjoy nature but also witness a bit of history.

Support Our Trail Maintenance Groups

If you enjoy hiking our trails, please help maintain them.

| | | | |
|---------------------------|-------------------------------|------------------------|----------------|
| Big Basin: | July 9, Aug. 13 and Sept. 10 | leader Jeff Bleam - | (831) 338-0774 |
| Skyline-to-the-Sea Trail: | July 9, Aug. 13 and Sept. 10 | leader Al Lisin - | (408) 252-8106 |
| Castle Rock: | July 16, Aug. 20 and Sept. 17 | leader Martin Donald - | (650) 966-1984 |

Our web site is <http://www.scmta-trails.org>

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For all hikes: Bring lunch, liquid and clothing appropriate for the season (summer fog, winter rain). Some hikes may be canceled or changed due to the weather; please see statement in each hike description. Call the hike leader if you are not sure.

For trail maintenance: Wear long pants, boots, and long sleeved shirt and bring gloves, lunch and liquid.

July 3, Sunday: Forest of Nisene Marks— A loop of 10 miles, up the West Ridge Trail, over to Maple Falls and then back down the Loma Prieta Trail. Meet at George's Picnic Area at 9:30 or at the Municipal Parking Lot at Los Gatos at 8:30. Call Cathy Howard for details. (650) 966-1850.

July 9, Saturday: Big Basin Trail Maintenance— Meet Jeff Bleam at park headquarters at 9:00 AM for some hands-on trail work. This group meets the second Saturday of each month. Call (831) 338-0774.

July 9, Saturday: Trail Maintenance - Skyline to the Sea Trail— Al Lisin, (408) 252-8106, leads a group that maintains the Skyline to the Sea Trail. This group also meets on the second Saturday of the month. The group meets at 9:00 AM. Please call Al for meeting place (which changes).

July 10, Sunday: Henry Cowell State Park , Fall Creek unit— A 10-mile hike at Fall Creek unit of Henry Cowell Redwoods State Park near Felton. Meet in the Fall Creek parking lot at 9:30 or car-pool from municipal parking lot in Los Gatos (formally VTA lot) at 8:45 For more information, call Martin Donald at (650) 966-1884. The one "puffer" hill is optional.

July 16, Saturday: Castle Rock State Park Trail Maintenance— The third Saturday of every month Martin Donald leads trail work in the Castle Rock area. Meet at Saratoga Gap parking lot at 9:00 AM. Call Martin at (650) 966-1984. Bring boots and gloves, lunch and liquid. Tools are supplied but bring your own favorites if you prefer.

July 17, Sunday: Pogonip and Henry Cowell— A 9-mile hike from Pogonip to Henry Cowell Redwoods State Park and back. Meet at municipal

parking lot in Los Gatos (formally VTA lot) at 8:45. For more information (including starting point). Hike leader is Martin Donald (650) 966-1984.

July 24, Sunday: Mt Tamalpais State Park— 14.2 miles (Double Dipsea, out and back). Start at Old Mill Park, up 676 steps on to Muir Woods Parking Lot, Cardiac Hill, Stinson via Steep Ravine and follow our steps back. Lunch at Stinson Beach. Meet at Page Mill 8:15am or Old Mill Park at 9:30. Heavy Rain will cancel. Ellen at 408-892-2461.

July 31, Sunday: Wunderlich County Park— Explore this County Park with Nancy Davidson (650) 365-6774. A round trip to Skyline Blvd. and back is 11 miles and 1800 feet but the grade is easy. Meet for carpooling at the Page Mill Rd. Park and Ride just off 280 at 9:10 or at parking lot at park entrance at 9:30. DUE TO LIMITED PARKING AT WUNDERLICH PARK, CARPOOLING IS STRONGLY ENCOURAGED.

August 7, Sunday: Redwood Regional Park— Approx. 9 mile loop hike will start at the Skyline Gate Staging Area. We will see where old growth redwoods grew and where the naming of the rainbow trout originated in the San Leandro Creek drainage. Leader is Mary Ellen (408) 885-0184. Meet at Parkmoor and 280/ post office at 8:30 or Rengstorff and Middlefield at 8:30.

August 13, Saturday: Big Basin Trail Maintenance— Join Jeff Bleam again for some more enjoyable trail maintenance at Big Basin. *See July 9 entry for details.*

August 13, Saturday: Trail Maintenance - Sky-

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line to the Sea Trail— Call Al Lisin at (408) 252-8106 for more information.

August 14, Sunday: San Francisco— Ten-mile hike from Sutro Baths to Chrissy Field along Coastal Trail and returning through the Presidio. Spectacular views. Meet at Sutro Baths parking lot at 9:30 or carpool from Page Mill & 280 at 8:30. Contact Cathy Howard (650) 966-1850. This hike will include a planning meeting for the Fall Quarter hikes, so please bring ideas for hikes in Oct-Nov-Dec along with you.

August 20, Saturday: Castle Rock State Park Trail Maintenance— Meet at Saratoga Gap parking lot at 9:00 AM. Call Martin Donald at (650) 966-1984. *See July 16 entry.*

August 21, Sunday: Tennessee Valley— Will be about 10 miles, have lunch on the beach. Meet at parking/rest room area of Tennessee Valley at 9.30 to start. Car-pool at Page Mill/Hwy 280 at 8.00. Vivian Jung (408) 238-3388.

August 28, Sunday: Montara Mountain— San Pedro Valley County Park/Montara Mountain— A moderate 9-mile hike to the top of Montara Mountain from San Pedro County (San Mateo) Park in Pacifica. We will start at the Brooks Creek trail, continue on the Montara Mountain Trail, and ascend on the North Peaks Access Road to the top of Montara Mountain. Descend on the Montara Mountain Trail. Heavy rain cancels. Let's meet at Page Mill Road and I280 at 8:45 AM to car-pool to the park or meet at the Trout Farm picnic area in San Pedro Valley Park at 9:30. More information: Steve Braley (408) 981-9753.

September 4, Sunday: Castle Rock State Park— We will visit Goat Rock and Summit Rock in Sanborn park. Meet at Castle Rock Park parking area at 9.30. Car-pool behind the La Fondue restaurant parking lot in Saratoga town at 9.00. Vivian Jung (408) 238-3388

September 10, Saturday: Big Basin Trail Maintenance— Meet Jeff Bleam (831) 338-0774 at park headquarters at 9:00 AM. *See July 9 entry.*

September 10, Saturday: Trail Maintenance - Skyline to the Sea Trail— Call Al Lisin (408) 252-8106 for more information.

September 11, Big Basin Redwoods State Park— We will hike the Skyline-to-the-Sea Trail to Berry Creek Falls, then return by the Sunset Trail. This is a moderately strenuous hike of about 11 miles. Meet for carpooling at 8:45 behind La Fondue at Saratoga or at park HQ at 9:30. Call Cathy Howard (650) 966-1850.

September 17, Saturday: Castle Rock State Park Trail Maintenance— Meet at Saratoga Gap parking lot at 9:00 AM. Call Martin Donald at (650) 966-1984. *See July 16 entry.*

September 19, Sunday: Henry Cowell State Park— A moderate 9-mile hike with lots of up and down hills. Bring sneakers or some kind of booties for wading across the San Lorenzo River. Meet at 8:15 at 8:45 in the Los Gatos municipal lot (formally VTA lot). Call Martin Donald for details (650) 966-1984.

September 25, Sunday: Tilden Regional Park— Approx. 9-mile loop hike will start at the Tilden Nature Center. The Little Farm is there where you may bring lettuce or celery to feed the animals. An environmental center is the next stop, lots of info about the park and there's restrooms. From there we will hike around Jewel Lake and then Wildcat Peak trail to the Rotary Peace Grove which has a 360 degree view of the area. On to Lake Anza and the return trip. Leader is Carolyn (408) 379-1853. Meet at Parkmoor and 280/ post Office at 8:15 or Rengstorff and Middlefield at 8:15

SANTA CRUZ MOUNTAINS TRAIL ASSOCIATION
ASSOCIATE MEMBERSHIP APPLICATION

| | | | | |
|-------------------------|---------|-------|-------|-------|
| Regular member | \$10.00 | _____ | _____ | _____ |
| Couples at same address | \$15.50 | _____ | _____ | _____ |
| Sponsor | \$40.00 | _____ | _____ | _____ |

Name: _____ Home phone: _____

Street Address: _____ Work phone: _____

City: _____ Organization: _____

State and zip: _____

Clip and mail to: Santa Cruz Mountains Trail Assn., P.O. Box 1141, Los Altos, CA 94023-1141

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FIRST CLASS

The SCMTA membership year runs from July 1 - June 30. The date above your name and address indicates when your dues need to be paid. Thank you!!

ACTIVITY SCHEDULE

JULY, AUGUST, SEPTEMBER, 2011

